



Self-Defense Awareness & Familiarization Exchange

What is S.A.F.E?

This program is a two hour long pre-basic 90% awareness familiarization with 10% physical training methods and a method of distributing crime prevention information for home study and reference.

Who can attend?

Females who are over the age of 16 can attend this class. There is very limited physical exertion, so most females of any age will benefit from this program.

What will I learn?

You will receive information that may help reduce the risk of exposure to violence and to help familiarize yourself with the possibility of future physical training.

COMPLETE THE FOLLOWING REGISTRATION. PLEASE PRINT.

Class Date:		
Name	D.O.B.	Age
Address		
Phone#	Alternate#	
Email Address		
How did you hear about our S.A	.F.E. program?	
Signature:	Date:	

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